

**Art Therapy** is an established mental health profession that uses the creative process of art making to improve and enhance the physical, mental and emotional well-being of individuals of all ages. It is based on the belief that the creative process involved in artistic self-expression helps people to resolve conflicts and problems, develop interpersonal skills, manage behavior, reduce stress, increase self-esteem and self-awareness, and achieve insight.

**Art Therapists** are masters level professionals who hold a degree in art therapy or a related field. Educational requirements include: theories of art therapy, counseling, and psychotherapy; ethics and standards of practice; assessment and evaluation; individual, group, and family techniques; human and creative development; multicultural issues; research methods; and practicum experiences in clinical, community, and/or other settings. Art therapists are skilled in the application of a variety of art modalities (drawing, painting, sculpture, and other media) for assessment and treatment.

**Registration** - The designation "ATR"(Art Therapist Registered) is granted by the Art Therapy Credentials Board (ATCB) to art therapists who have successfully completed the required graduate educational training and post graduate professional experience, which includes supervision by an ATR credentialed art therapist.

**Board Certification** - The designation "BC" (Board Certified) is granted by the ATCB to ATR art therapists who have successfully passed the independently administered, national certification examination. Re-certification is provided every five years by documentation of continuing education, publication, presentation, exhibition, and other activities which demonstrate continuing professional competence.

## For more information:

**The Buckeye Art Therapy Association (BATA)**, is a non-profit professional association in Ohio for art therapists, students, and individuals who support the therapeutic use of art and the advancement of the art therapy field. We welcome and invite you to learn more about art therapy, art therapy in Ohio, the work of BATA, and its members.

Contact us at [info@buckyearttherapy.org](mailto:info@buckyearttherapy.org).



Jennifer Schwartz-Wright, ATR-BC, Center for Dialysis Care of Cleveland-East, Cleveland, Ohio

# Art Therapy

Presented by the  
**Buckeye Art Therapy  
Association**



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Michele Tarsitano-Amato, ATR-BC, Art Therapist at Kendal at Oberlin, Oberlin, Ohio

# Ohio Art Therapists: Making a creative difference in the lives of adults, children, adolescents and families every day.

## Some Facts About the Profession of Art Therapy in Ohio:

Ohio's Buckeye Art Therapy Association (BATA) is a non-profit professional membership association dedicated to the advancement of the practice of art therapy.

BATA is one of the oldest, largest, and most active state art therapy associations in the country, and is an affiliate chapter of the American Art Therapy Association (AATA).

Ohio art therapists have led the way in the development of innovative art therapy programs that have become national models for practice and professionalism in the field.

## Some Facts About Art Therapists in Ohio:

During 2009, Ohio Art Therapists provided one million hours of service to adults, older adults, children, and adolescents.

Ohio art therapists work in mental health facilities, hospitals, community agencies, and educational settings throughout the state.

As helping professionals, Ohio art therapists work to improve human welfare, promote the ethical practice of art therapy, provide outreach to educate the public and mental health professionals about art therapy, and contribute to the progressive development of health care services.



**Nicole Brandstrup, ATR-BC Lucas County Youth Treatment Center, Toledo, Ohio**



**Barbara Trauger-Querry, ATR-BC, Hospice of the Western Reserve, Cleveland, Ohio**



**Denise Cooper, ATR, The Art Therapy Studio, Cleveland, Ohio**



**Gretchen Miller, ATR-BC, The Domestic Violence Center of Greater Cleveland, Cleveland, Ohio**



**Shari Racut, ATR-BC, Rainbow Babies and Children's Hospital, Cleveland, Ohio**



**Bob Tavani, ATR, Pathway Clubhouse, Columbus, Ohio**



**Gail Rule-Hoffman, ATR-BC, Ursuline College, Pepper Pike, Ohio**